# Clergy Grief Support Group



Are you a clergyperson who has been "let go" from a church or from a spiritual leadership position?

Have you recently retired as a pastor/chaplain?

Are you a clergyperson who has experienced a personal loss?

#### **Disenfranchised Grief**

When a person experiences a loss that is not or cannot be openly, publicly mourned, or socially supported.

When clergy experience this type of grief and do not get the support they need, it can cause a longer grieving process and could evolve into a more serious form of complicated grief.

#### Next course starts:

### Tuesday

March 5

2024

## Izumi-Wellspring Center provides a safe and confidential place where clergy can:

- Express their grief
- Receive spiritual and emotional support
- Learn about the disenfranchised grief process
- Learn how to cope as they move through a time of transition

### Course Information:

- Duration: 4 weeks (March 5 March 26)
- Frequency: Weekly on Tuesdays from 6:30pm 8pm
- Format: Zoom Meeting (Virtual)
- Group Facilitators: Rev. Erin King -and- Tamara Bahlhorn
- Participants: 5-10
- Fee: \$200/full course -or- \$50/per session



Izumi-Wellspring Center Hospitality for Spiritual Well-Being www.izumiwellspring.com

### Register to join the group!



Rev. Erin King

209-901-6084